



MedGlobal

MedGlobal Inc.

MEDGLOBAL BANGLADESH CLINICAL PROGRESS REPORT



2021

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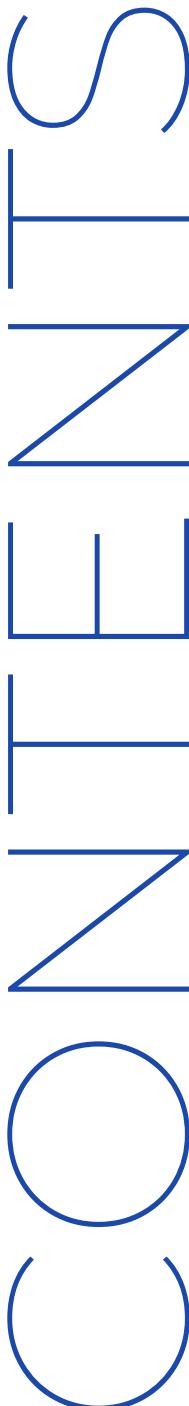
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Table of Contents



- 01.**
ACKNOWLEDGMENT
- 02.**
INTRODUCTION
A. Purpose
B. Background
- 03.**
METHODS
A. Overview of Study Design
B. Ethical Clearance
- 04.**
FINDINGS
A. Data Collection for Children
 - Results for ChildrenB. Data Collection for Adults
 - Results for AdultsC. Health Promotion and Hand Hygiene
- 05.**
CONCLUSION
Appendix 1: Pictures
Appendix 2: Family Counting Number (FCN) of Forcibly Displaced Myanmar Nationals (FDMN) Adults
Appendix 3: Family Counting Number (FCN) of FDMN Children

THANK YOU FOR YOUR SUPPORT

The study team would like to thank all the individuals and organizations that have assisted and supported completion of this study. This primary data collection study was entirely conducted by MedGlobal's Infection Prevention and Control (IPC) Team under the supervision of MedGlobal Bangladesh Program Manager Labib Tazone Utshab. The team also acknowledges Dr Rehana Parvin, Dr. Fatema Jannat, Dr. Safa Islam and Medical Assistant Rezaul Karim for their support during data collection.

STUDY TEAM

Medical Team:

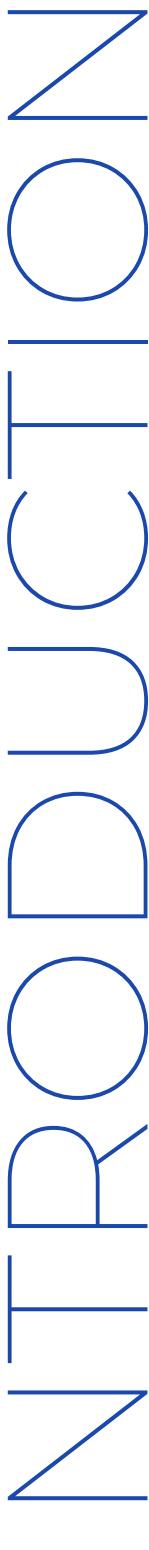
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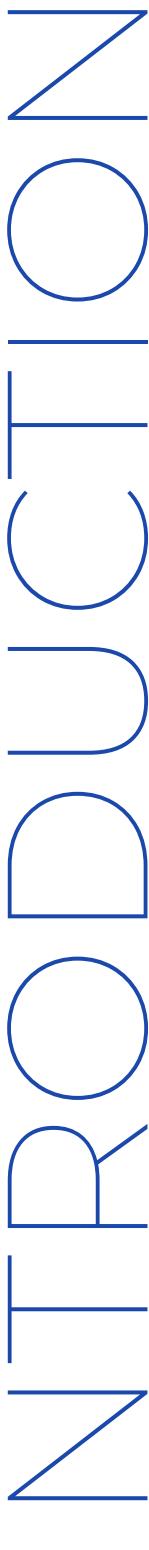


The number of forcibly displaced people labeled as refugees across the world has grown rapidly in the past few decades. In Myanmar, the Rohingya have been fleeing en masse from their homes since August 25, 2017. To date, more than 1.2 million Rohingya refugees have settled in designated refugee camps and expansion sites located in the Cox's Bazar district of Bangladesh.

Exploring the health needs of this population in the camp setting will help national and international organizations to deliver key services in a more organized and efficient way. Topics of particular interest include the prevalence of non-communicable diseases (NCDs) including hypertension (HTN), diabetes mellitus (DM), health needs of pregnant women, family planning needs, and distribution of Health Cluster diagnoses and comorbidities.

A. Purpose

In 2018, MedGlobal partnered with international non-profit, non-governmental organization OBAT Helpers USA to support a primary health post in Camp 4, Modhuchara region of Kutupalong that is operated by local non-profit, non-governmental organization Prantic Unnayan Society,. The health post serves Rohingya refugees from Camp 4 (population: 31,044), with some patients from surrounding camps. The health post is staffed by a team of permanent Bangladeshi staff, plus volunteers from the Rohingya community.



The services provided at the health post include: general health, NCD care, infectious disease (ID) care, sexual and reproductive care, mental health care, nutrition, and dental. To date, the health post has provided 189,000 consultations for Rohingya refugees including medications, laboratory tests and referrals for specialised care. MedGlobal has also implemented various health projects in Cox's Bazar town that benefitted underserved host community Bangladeshis.

Improved data collection is needed at the health post to monitor patient demographics, services provided, and patient outcomes. This data will allow us to improve the health post services by identifying the most pressing health needs.

B. Background

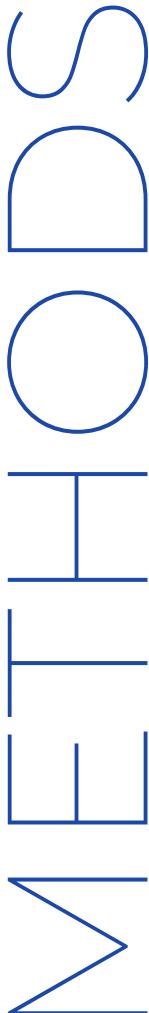
MedGlobal is a non-profit, charitable (501c3) organization registered in the United States that provides free, sustainable healthcare services to refugees, the displaced, and most vulnerable in crisis areas and low resourced countries worldwide. MedGlobal deploys healthcare volunteers, supports local partners and medical providers with training, funding, technology as well as donating medical equipment, medications and supplies. These services provide lifesaving and life-sustaining care, based on needs-assessment and best practices, to the most vulnerable around the globe.

Z O I C H U D R O T R

Supported Population

- Location: Cox's Bazar Refugee Camp 4
- Direct data collected from 3,637 individuals
 - 1,077 children
 - 2,560 adults





A. Overview of Study Design

The study employed a primary quantitative study design in Rohingya camp 4. This 81-day pilot project started on 6th March 2021 and ended on 23th March and then again started on 10 July and ended on 30 September 2021. It included structured questionnaires for all patients (women, men, and children) who received care at the emergency, out patient department (OPD) 4 (NCD patients), and OPD 5 (general care) stations. Data were not collected from the dental, maternity, or "flu corner" (infectious disease) stations, nor from patients who were referred out. We collected data from 3637 patients, who consisted of Rohingya refugees living in camp 4 and other surrounding camps, as well as some Bangladeshi host community members. After quality assurance, the data were analyzed for descriptive statistics of basic demographics. The frequency distributions are reported using tables and graphs in this report. Analyses were carried out using Kobo Collect version 1.29.3

B. Ethical Clearance

We have verbally informed the patients about collection of their information and participation in the study. Verbal consent was taken before data was collected from patients' "OPD cards" (paper records retained by patients).



FINDINGS

A. DATA COLLECTION FOR CHILDREN (CHILDREN = AGE 0 THROUGH 17 YEARS)

Data from 1,077 patients were collected; 472 patients were female and 605 were male

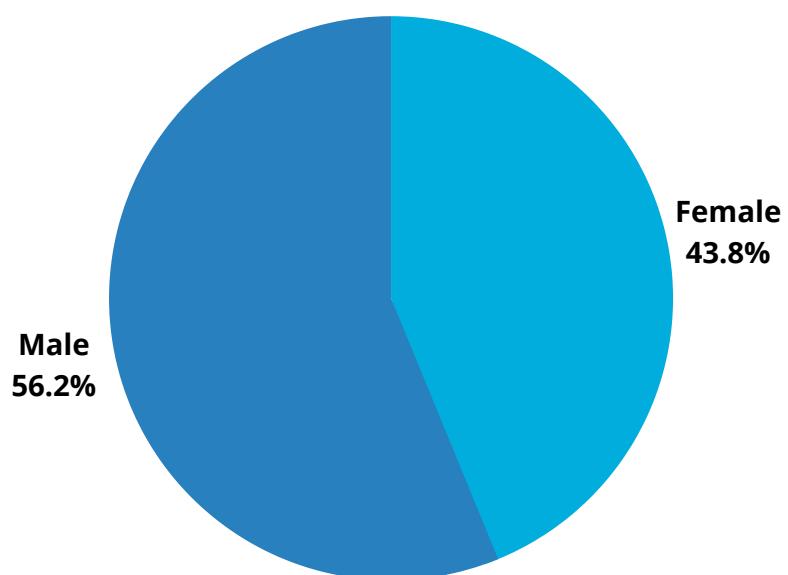


Figure 1. Percentage of Male vs. Female Pediatric Patients



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Salma Enjoyed
the hygiene
education
session from
MedGlobal
Health
Promoters team

Out of 1,077 patients, 113 patients were suffering from chronic disease and 964 were suffering from acute health conditions. Chronic conditions are considered as 14 days or more of illness.

Acute conditions are often caused by a virus or an infection, but can also be caused by an injury or by the misuse of drugs or medications. Chronic conditions are often caused by unhealthy behaviors that increase the risk of disease.

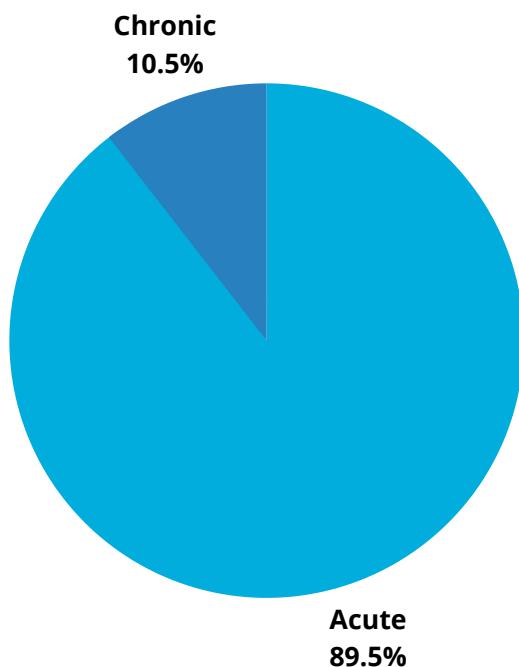


Figure 2. Acute vs. Chronic Conditions in Pediatric Patients

Out of 1077 children, 975 were treated for cough, fever or diarrhoea in our flu corner.

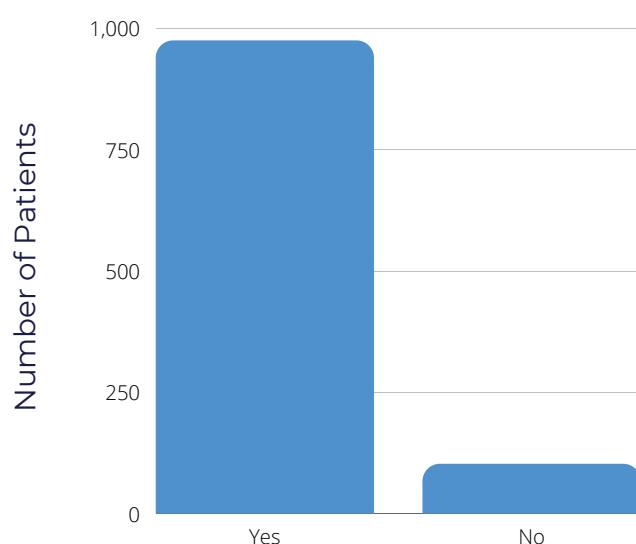


Figure 3: Children treated for cough, fever, or diarrhoea

DISEASES CLUSTER

	Diseases	Patients Number	Percentage
SKIN DISEASES (466)	Scabies	135	12.53
	Dermatitis	90	8.36
	Taeniasis	85	7.89
	Bacterial skin Infection	66	6.13
	Other unspecified skin infection	40	3.71
	Fungal Infection	13	1.21
	Impetigo	35	3.25
AWD(122)	Viral Infection	2	0.19
	Diseases	Patients Number	Percentage
	Diarrhoea-Acute Water Diarrhoea	99	9.19
	Diarrhoea-Other	10	0.93
ACUTE CONDITION(233)	Diarrhoea-Bloody (Dysentery)	13	0.37
	Diseases	Patients Number	Percentage
	Other acute conditions	72	6.68
	Varicella	5	0.46
	Acute Health Condition "Abscess"	74	6.87
	Gastritis/GI Problem	27	2.51
	Intestinal Worms	23	2.14
	Viral illness/ common cold	11	1.02
	Abdominal pain	3	0.28
	Unspecified acute condition	7	0.65
	Musculo-skeletal problems	10	0.93
	Vaginal infection non-STI	1	0.09

Table 1. Pediatric Patient Diagnoses

DISEASES CLUSTER

EYE PROBLEM(23)

Diseases	Patients Number	Percentage
Eye problem- Conjunctivitis	12	1.11
Eye problem- Acute Eye Injury	8	0.74
Eye problem- Other	3	0.28

EAR DISEASE(61)

Diseases	Patients Number	Percentage
Ear Disease	10	0.93
Ear disease- Ear pain unspecified	2	0.19
Ear disease- Chronic otitis media	16	1.49
Ear disease- Acute otitis media	33	3.06

OTHER DISEASES(45)

Diseases	Patients Number	Percentage
Urinary tract infection	12	1.11
Lower Respiratory Tract Infection (RTI)/ pneumonia	1	0.09
Upper RTI/Acute Respiratory Infection	7	0.65
Anemia	2	0.19
Dental Condition	8	0.74
Asthma	2	0.19
Measles/Rubella Suspected	4	0.37
Diabetes Mellitus (DM)	1	0.09
TB- suspected	1	0.09
Mumps- suspected	1	0.09
Birth Asphyxia	1	0.09
Fever Unexplained > 101°F/38.5°C	5	0.46

Table 1. Pediatric Patient Diagnoses

DISEASES CLUSTER

NCD CONDITION(24)

Diseases	Patients Number	Percentage
Other NCDs/chronic conditions	4	0.37
NCDs/CC: Thalassemia	4	0.37
NCDs/CC: General weakness	12	1.11
Haemorrhoids	1	0.09
Other NCDs/CC: unspecified	3	0.28

INJURIES (92)

Diseases	Patients Number	Percentage
Bites	1	0.09
Burns	25	2.32
Other injuries	64	5.94
Accidents (Inc. Traffic Accidents)	2	0.19

REFERRED CASE (11)

Diseases	Patients Number	Percentage
Referral	11	1.02

Table 1. Pediatric Patient Diagnoses



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Asma is one of our mother's club members who enjoyed a health education session

Figure 4: Child Diagnosis

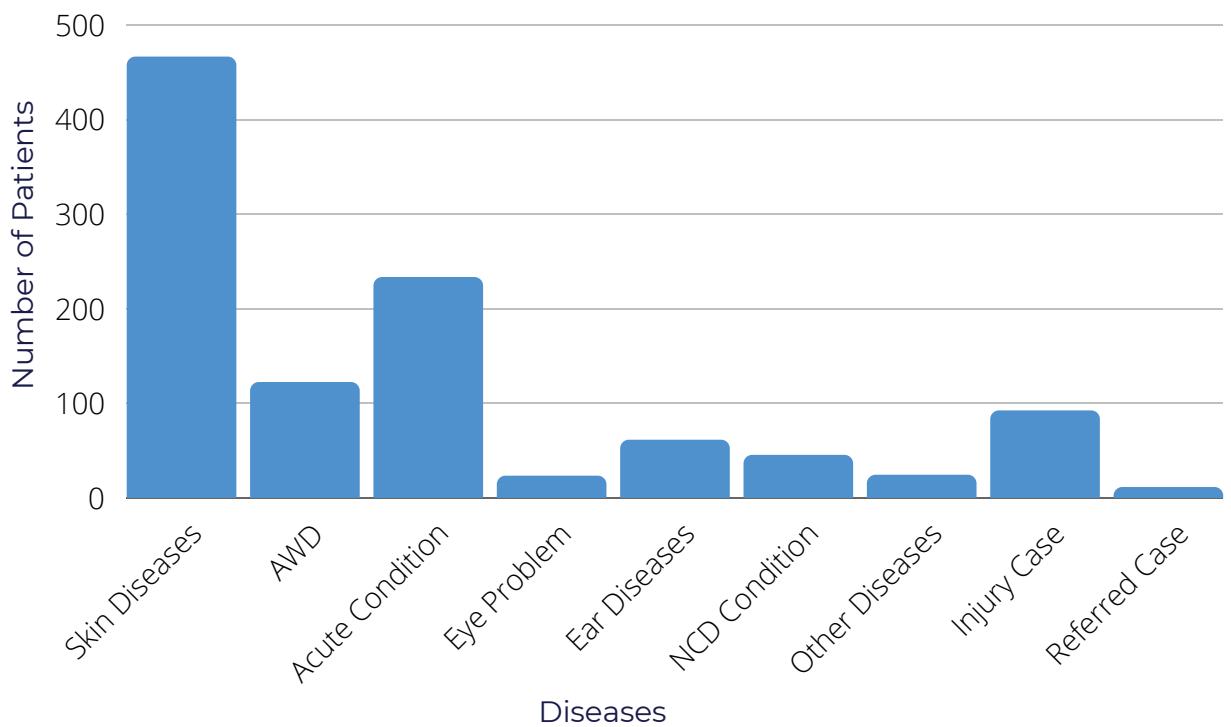
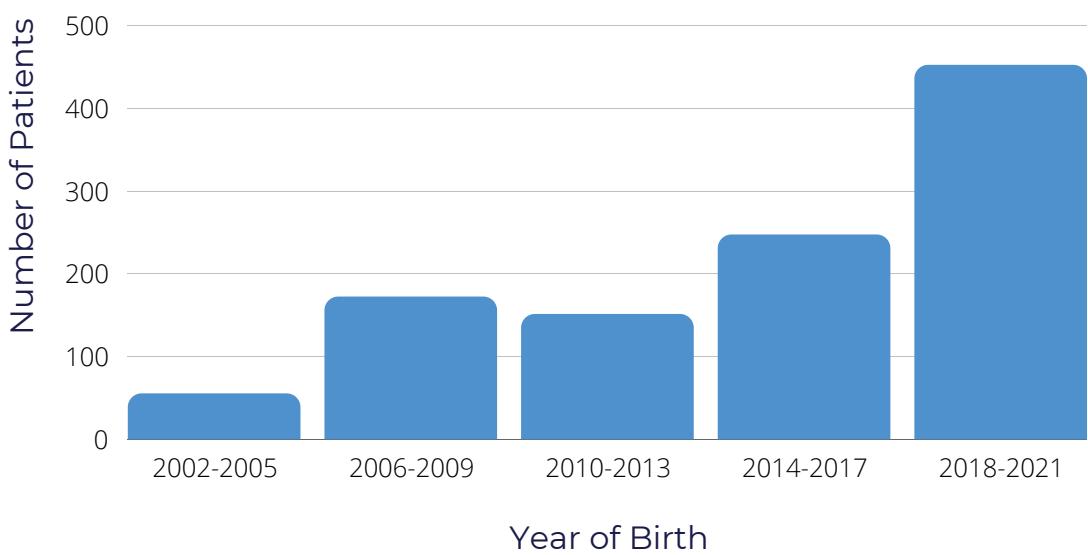


Figure 5: Children Year of Birth



SERVICES PROVIDED TO PEDIATRIC PATIENTS

Department	Patients Number	Percentage
Emergency	897	83.29
Out Patients Department	165	15.32
Non-Communibale Diseases	15	1.39

Table 2: Services Provided to Pediatric Patients

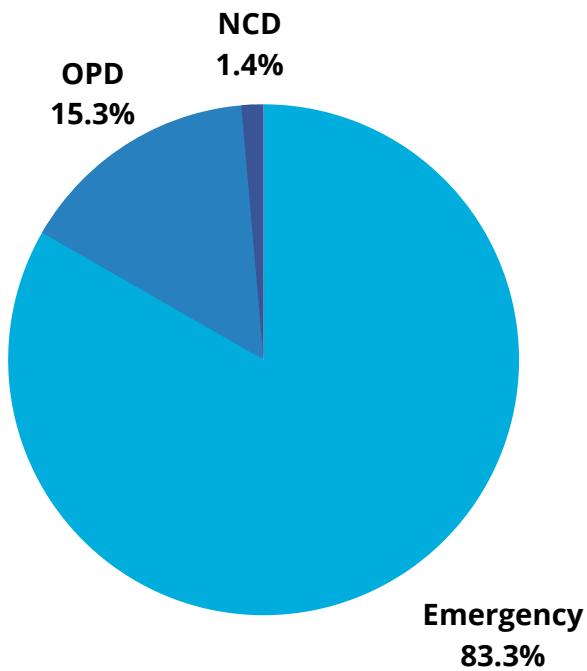


Figure 6: Services Provided to
Pediatric Patients



Figure 7: Map of Rohingya Refugee Camps

PATIENT NUMBERS ACCORDING TO CAMP RESIDENCE

Camp Number	Number of Patients	Percentage
Camp 1	58	5.39
Camp 1-W	11	1.02
Camp 1-E	2	0.19
Camp 3	91	8.45
Camp 4	793	73.63

Table 3: Geographic Location of Pediatric Patients

PATIENT NUMBERS ACCORDING TO CAMP RESIDENCE

Camp Number	Number of Patients	Percentage
Camp 5	22	2.04
Camp 7	2	0.19
Camp 8-w	8	0.74
Camp 12	1	0.09
Camp 13	1	0.09
Camp 14	2	0.19
Camp 17	58	5.39
Camp 18	2	0.19
Camp 19	1	0.09
Camp 20	9	0.84
Bangladesh (Host community)	16	1.49

Table 3: Patient Numbers According to Camp Residence

Results for Children

We reached 3,637 patients at the Prantic Health Post. Among the study population 1,077 were children. The age range of children in this study is zero years to eighteen years. Of the 1,077 patients, 605 were male and 472 were female. The most commonly diagnosed diseases were Abscess, AWD, Asthma, Burn Injury, Ear Disease, Eye Problem, Gastritis, Measles, Mumps, MSK, Other Injury, Skin Diseases, TB Suspected and UTI. Most of the patients were suffering from communicable diseases, including 43.27% suffering from different types of skin diseases, 11.33% suffering from AWD, and 7.80% suffering from ENT problems. Additionally, 8.54% of patients suffered from injuries, 4.18% from other NCDs, and 21.63% from Other Acute Conditions. We referred 1.02% for care at other facilities.

It is alarming that the most common complaint amongst children was Skin Diseases. Pediatric skin conditions can be caused by heat, cold, fungus, bacteria, drooling, allergies, or prolonged contact with a wet nappy. Fortunately, most children's skin conditions are short-lived and clear up on their own over time. It can be difficult for parents within the camp setting to maintain their children's hygiene due to overcrowding and limited access to safe water.

In terms of patient demographics, the majority (73.63%) of pediatric patients lived in Camp-4, followed by Camp 3 (8.45%), Camp 17 (5.39%), and Camp 1 (5.39%). Host community children made up 1.49% of pediatric patients.



FINDINGS

B. DATA COLLECTION REPORT FOR ADULTS (ADULTS = 18 YEARS AND OLDER)

Out of 2,560 adult patients, 1,104 were male and 1,456 were female.

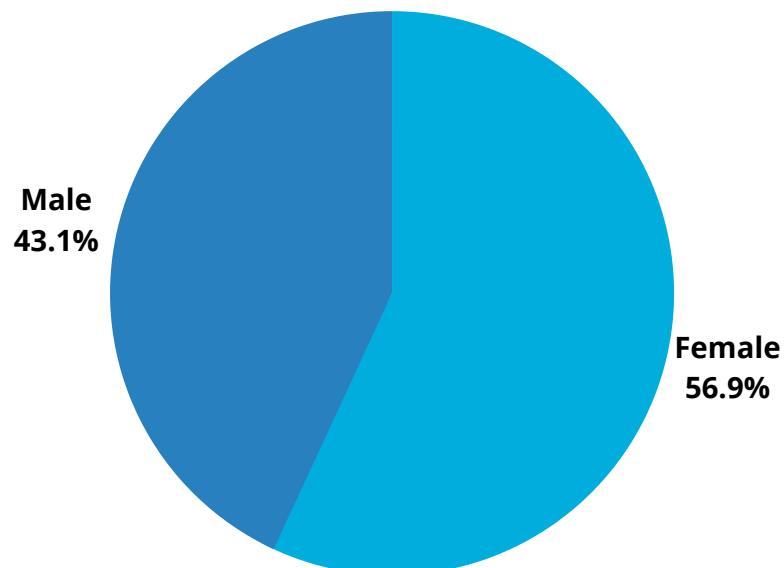


Figure 8: Percentage of Male vs. Female Adult Patients



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Rahim (on the left of the picture) is one of MedGlobal's NCD patients of MedGlobal

According to the data, out of 2,560 adult patients, 1,497 presented with chronic conditions and 1,063 presented with acute conditions.

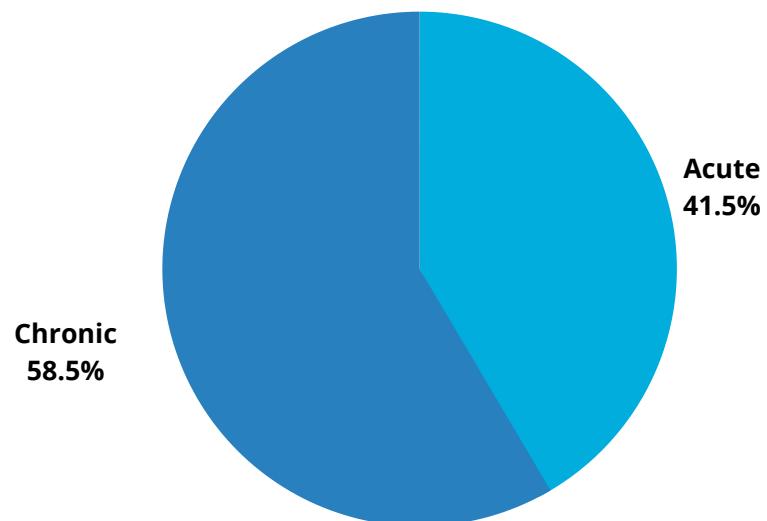


Figure 9: Acute vs Chronic Adult Patients

The doctors discussed family planning with 497 patients (19.4% of patients). This took place in our OPD, Emergency Room, and NCD Corner.

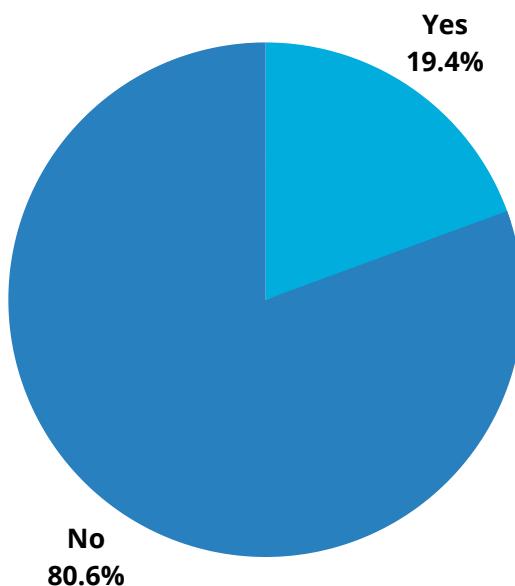


Figure 10: Did the Patient Discuss Family Planning with our Doctors?

DISEASES CLUSTER

Diseases	Patients Number	Percentage
Diabetes Mellitus (DM)	505	19.73
HTN	520	20.31
Musculo-skeletal problems	304	11.88
Gastritis/GI Problem	199	7.77
Chronic Obstructive Pulmonary Disease	108	4.22
Abscess	69	2.7

ENT PROBLEM (23)

Diseases	Patients Number	Percentage
Acute Otosis Media	1	0.04
Chronic Otosis Media	1	0.04
Ear Disease	6	0.23
Unspecified Ear Disease	1	0.04
Eye Problem Conjunctivitis	4	0.16
Eye Problem Other	10	0.39

INJURIES (82)

Diseases	Patients Number	Percentage
Accidental Injury- Road	3	10.12
Burns	5	0.2
Other injuries	72	2.81
Bites	2	0.08

Table 4: Adult Patient Diagnoses

DISEASES CLUSTER

	Diseases	Patients Number	Percentage
Skin Diseases (310)	Scabies	70	2.73
	Taeniasis	100	3.91
	Bacterial skin Infection	8	0.31
	Other unspecified skin infection	85	3.32
	Fungal Infection	39	1.52
	Impetigo	4	0.16
	Viral Infection	4	0.16

	Diseases	Patients Number	Percentage
AWD(28)	Diarrhoea-Acute Water Diarrhoea	27	1.05
	Diarrhoea-Bloody (Dysentery)	1	0.04

	Diseases	Patients Number	Percentage
Acute Condition(198)	Viral Illness/Common Cold	21	0.82
	Acute Jaundice	1	0.04
	Hypertensive	2	0.08
	Rectal Bleeding	3	0.12
	Abdominal Pain	8	0.31
	Other Unspecified condition	163	6.37

Table 4: Adult Patient Diagnoses

DISEASES CLUSTER

OTHER DISEASES (144)

Diseases	Patients Number	Percentage
Anemia	1	0.04
Intestinal Worms	25	0.98
Urinary tract infection	41	1.6
Asthma	38	1.48
Sexually Transmitted Disease/Infection	6	0.23
Upper RTI/Acute Respiratory Infection	5	0.2
Nonischemic Heart Disease	4	0.16
Lower RTI/ pneumonia	2	0.08
Meningitis-Suspected	1	0.04
Unexplained Somatic Complaint	2	0.08
Varicella	1	0.04
Mental health conditions	1	0.04
Intellectual Disability	2	0.08
Fever Unexplained > 101°F/38.5°C	1	0.04
Fever-Suspected Hemorrhagic Fever	1	0.04
Ischemic Heart disease	8	0.31
Birth Asphyxia	5	0.2

Table 4: Adult Patient Diagnoses

DISEASES CLUSTER

OTHER NCD CONDITION(64)

Diseases	Patients Number	Percentage
Other unspecified chronic condition	10	0.39
Hepatitis/Chronic Liver Disease	1	0.04
Dysfunctional Uterine Bleeding	1	0.05
Tumor	1	0.04
Polycystic ovarian syndrome	1	0.04
General weakness	44	1.72
Haemorrhoids	6	0.23

REFERRED CASE (6)

Diseases	Patients Number	Percentage
Referral	6	0.23

Table 4: Adult Patient Diagnoses



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MedGlobal
Medical team at
triage, assessing
a Rohingya
Refugee Patient

According to the data collected here, the chronic condition patients are 1497, acute condition patients and 1063 out of 2560 patients.

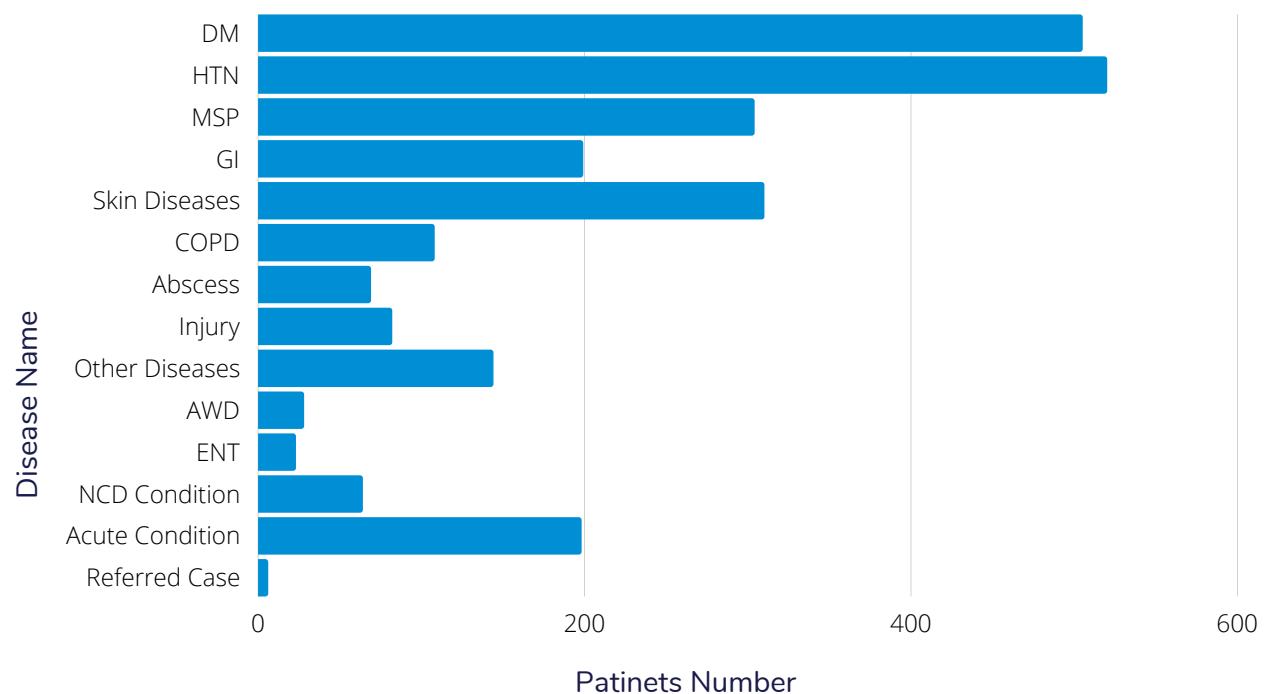


Figure 11: Adults Diagnosis

COMORBIDITIES AMONGST ADULT PATIENTS	Diseases	Patients Number
	Other Acute Conditions	507
	Other Chronic Conditions	334
	Diabetes Mellitus	370
	Musculoskeletal Disease	249
	Gastritis	236
	Skin Disease	239
	Acute Watery Diarrhea	35
	Lower Respiratory Tract Infection	12
	Upper Respiratory Tract Infection	16
	Dental Condition	1
	Haven't any Comorbidity Showed	5

Table 5: Comorbidities Amongst Adult Patients

According to the data collected here, the chronic condition patients are 1497 acute condition patients and 1063 out of 2114 patients.

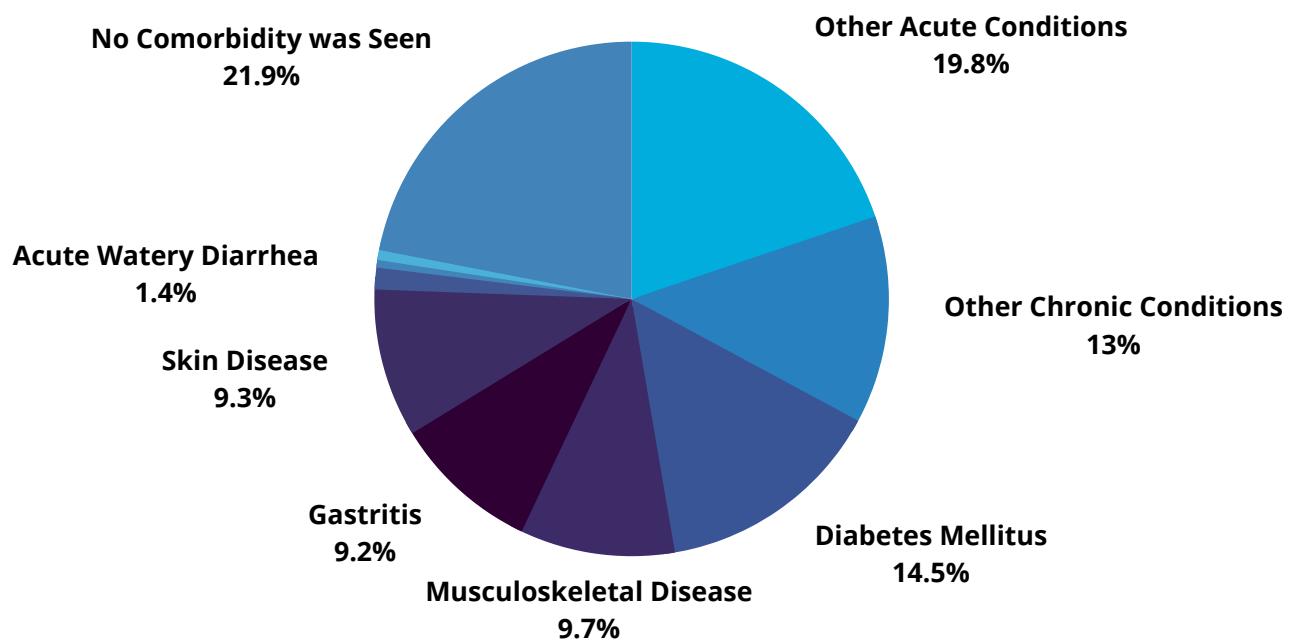


Figure 12: Prevalence of Comorbidities

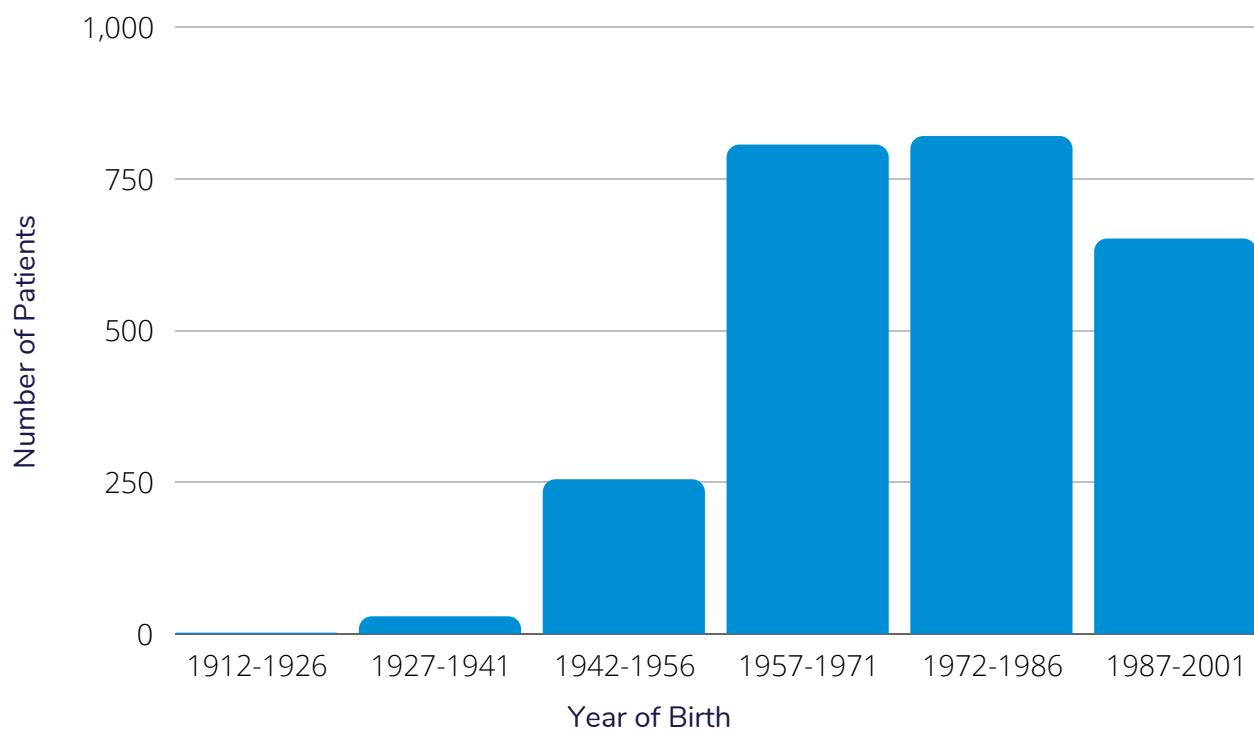


Figure 13: Year of Birth for Adult Patients

SERVICES PROVIDED TO ADULT PATIENTS

Department	Patients Number
Emergency	343
Out Patient Department (OPD)	1025
Non-Communicable Disease (NCD)	1192
Lab Service	423

Table 6: Services Provided to Adult Patients

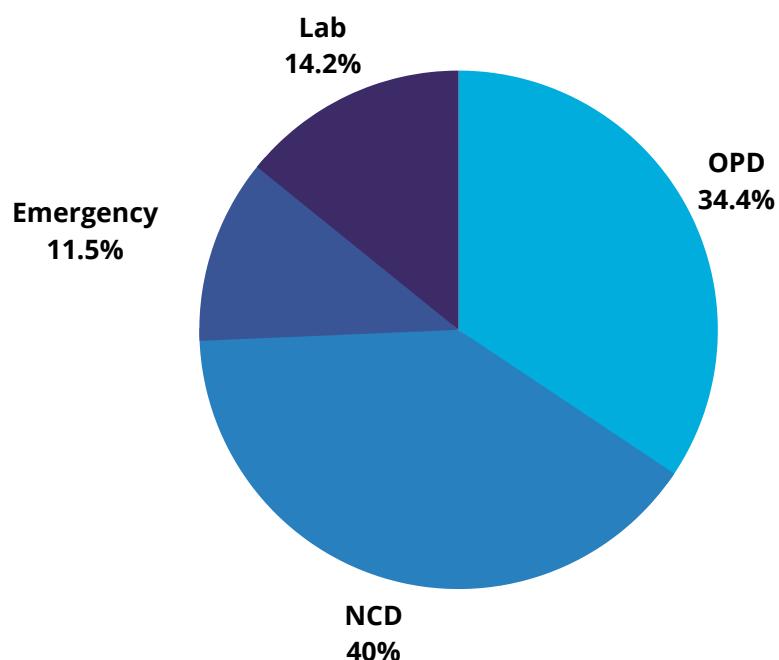


Figure 14: Services Provided to Adult Patients

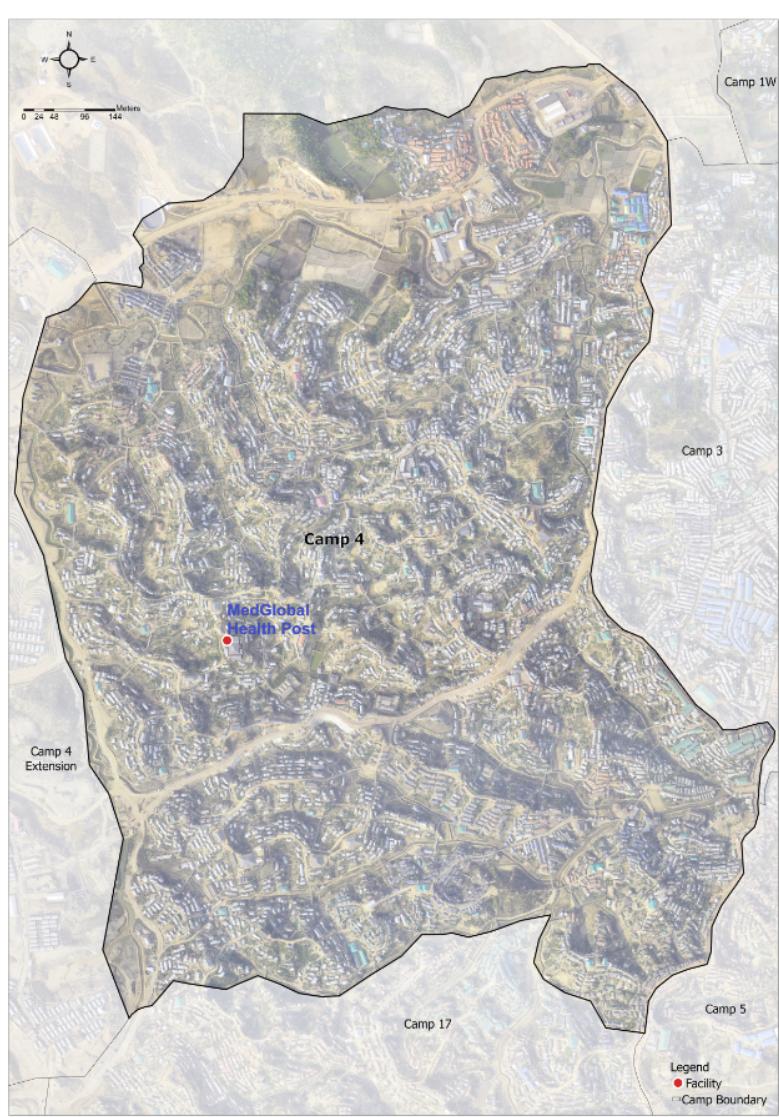


Figure 15: Geographic Location of Health Post Within Camp 4

PATIENT NUMBERS ACCORDING TO CAMP RESIDENCE

Camp Number	Number of Patients	Percentage
Camp 1	267	5.39
Camp 1-W	15	1.02
Camp 2	22	0.19
Camp 3	528	8.45
Camp 4	1367	73.63

Table 7: Patient Numbers According to Camp Residence

PATIENT NUMBERS ACCORDING TO CAMP RESIDENCE

Camp Number	Number of Patients	Percentage
Camp 4 Ex	4	2.04
Camp 5	32	0.19
Camp 6	23	0.74
Camp 7	5	0.09
Camp 8	1	0.09
Camp 8W	20	0.19
Camp 10	3	5.39
Camp 11	1	0.19
Camp 12	4	0.09
Camp 13	5	0.84
Camp 14	1	1.49
Camp 16	4	2.04
Camp 15	16	0.19
Camp 17	156	0.74
Camp 18	11	0.09
Camp 19	2	0.09
Camp 20	16	0.19
Camp 23	1	5.39
Camp 26	1	0.19
Camp 27	11	1.49
Bangladesh (Host community)	44	1.49

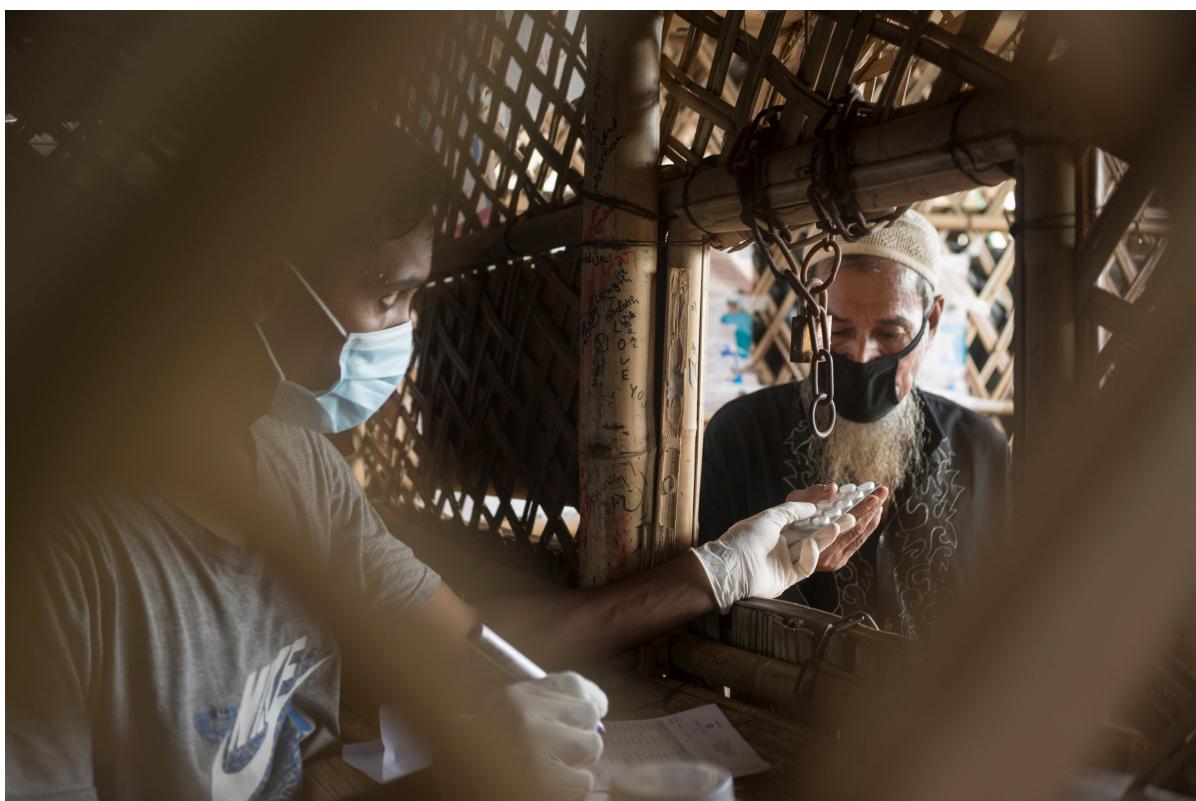
Table 7: Patient Numbers According to Camp Residence

RESULT FOR ADULTS

We reached 3,637 patients at the Prantic Health Post. Among the study population 2,560 were adults, including 1,104 males and 1,456 females. The most common diseases seen amongst these patients were Abscess, Diabetes Mellitus (DM), Hypertension (HTN), Asthma, Ear Disease, Eye Problems, Gastritis, Musculoskeletal (MSK) Diseases, Other Injuries, Skin Diseases, Urinary Tract Infections (UTI), and Unspecified Diseases.

In contrast to pediatric patients, most adults were suffering from non-communicable diseases (NCDs). Almost 19.73% of patients suffered from DM, 20.61% suffered from HTN. We speculate that high rates of NCDs may stem from unhealthy lifestyles; for example, the Rohingya population struggles to access healthy food.

In addition, 7.77% patients suffered from gastritis problems. Also, 12.11% suffered from skin diseases, 7.74% from other acute conditions, 2.50% from Other NCD Conditions, 5.63% from Other Diseases, 1.09% from Acute Watery Diarrhoea (AWD), 3.2% from Injury, 4.22% from Chronic Obstructive Pulmonary Disease (COPD), 2.7% from Abscess 2.7%, 0.9% from Ear, Nose, and Throat Disease (ENT) 0.9%, and 11.88% from MSP.



A Rohingya Patient is taking medicines from our pharmacy



Health Promotion

The graph below shows the number of patients who were educated on hand hygiene practices, through a one-on-one handwashing lesson, and those who were educated on COVID-19 per month.

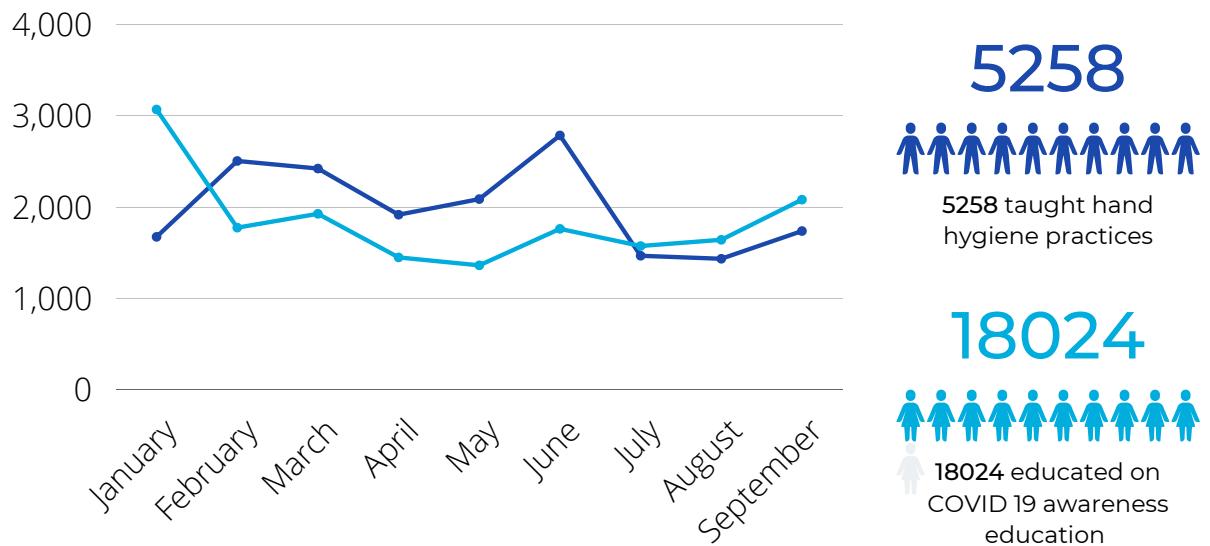


Figure 16: Patients engaged in Health Promotion activities



A Rohingya patient participates in a handwashing session.

CONCLUSION

This report highlights the need for special attention and care for chronic diseases within the adult Rohingya population, especially HTN and DM. Of adult patients, 40.03% of patients are suffering from chronic conditions. Conversely, there is a need to address acute conditions within the pediatric population, which account for 89.5% of child illness.

Hygiene promotion is a pressing need for all age groups. We report 466 cases of skin diseases amongst children (43.27% of pediatric patients) and 310 amongst adults (12.10% of adult patients). MedGlobal's IPC team has been able to teach proper handwashing to 5,258 patients, and this initiative should continue. In addition, 18,024 patients were educated on COVID-19.

We hope that the findings outlined in this report help the Bangladesh government and non-governmental organizations to design programs that address the observed health needs of the Rohingya population in Cox's Bazar.



A Rohingya patient participates in a handwashing session



APPENDIX 1: PICTURES





APPENDIX 2: FAMILY COUNTING NUMBER (FCN) OF FDMN ADULTS

183054 285709 293802 239341 290997 286391 295853 146686 144652 289576 295161 181373 179318 183313 272945 187053
303748 188072 296593 276204 278779 186909 650171 175119 179166 277227 163573 287003 296168 400953 301488 650673
292016 186587 179704 143732 296868 184563 139978 151067 183949 293121 278015 287955 285853 172284 279379 138791
292415 280466 157862 275185 296707 180368 275187 187008 266510 176726 248497 140626 248497 186711 167236 188159
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296407 239098 296105 286315 156456 193616 169386 298481 176948 282969 285298 281395 169237 186970 231176 170000
290972 145483 261734 148838 296421 170524 295642 303858 172417 218537 285853 150728 296560 245347 152962 279411
158827 272980 296722 164531 261556 156303 296439 162968 295803 276301 175185 101519 289570 289504 184937 282629
297081 169727 179704 287904 291739 286639 245264 296134 117080 301729 297943 243314 239341 296439 152903 285869
191824 168687 272969 174550 297994 304578 141757 185701 167139 186970 188072 296730 293356 195640 165961 179530
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289183 265387 302557 162376 187831 154556 279615 172949 181635 245113 293818 2977081 279927 248497 245179 243729
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APPENDIX 2: FAMILY COUNTING NUMBER (FCN) OF FDMN ADULTS

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APPENDIX 3: FAMILY COUNTING NUMBER (FCN) FOR FDMN CHILDREN

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